

## Afternoon Tea History

Afternoon tea is, perhaps surprisingly, a relatively new tradition. It was introduced in England by Anna, the 7<sup>th</sup> Duchess of Bedford, in the year 1840. The Duchess would become hungry for around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner. The Duchess asked that a tray of tea, bread and butter (some time earlier, the Earl of Sandwich had had the idea of putting a filling between two slices of bread) and cake be brought to her room during the late afternoon. This became a habit of hers and, upon her return to London, she continued the practice, sending cards to her friends inviting them to join her for "tea and a walk in the fields".

This pause for tea became a fashionable social event. During the 1880's, upper-class and society women would change into long gowns, gloves and hats for their afternoon tea, which was usually served in the drawing room between four and five o'clock.

At Inglewood Manor, we aim to continue the tradition of creating a delightful pause in the afternoon, during which guests can savour this most quintessential of English customs.

## Traditional Afternoon Tea

Selection of freshly cut finger sandwiches, choose from;

Cured Ham, Tomato, Wholegrain Mustard  
Smoked Applewood Cheese, Tomato & Apple Chutney (v)  
Tuna Mayonnaise  
Free Range Egg, Watercress (v)

Fruit Scone with Clotted Cream & locally sourced jams

Rhubarb & Vanilla Panna Cotta  
Lemon Drizzle Cake  
Almond & Orange Sponge, Greek Yogurt  
Chocolate Brownie

Your choice from a selection of Speciality Teas,  
Cafetiere of Coffee, or Hot Chocolate

£19.95 per person

Upgrade to a luxury Afternoon Tea –  
Glass of Prosecco £6.10 per glass  
Glass of Champagne £10.50 per glass  
Gin & Tonic £5.75 per glass